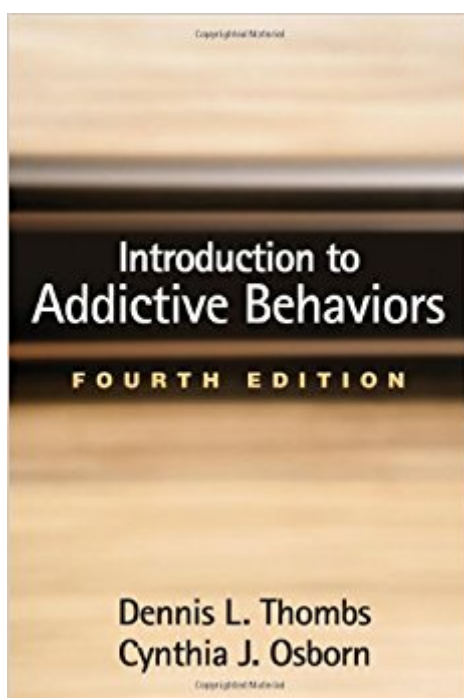


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# Introduction To Addictive Behaviors, Fourth Edition (Guilford Substance Abuse)



## Synopsis

This widely adopted text introduces students and practitioners to major contemporary models of addiction. Assuming no prior knowledge in the field, the book shows how theory and research can offer a roadmap for effective intervention. It presents multiple perspectives on the causes and mechanisms of substance use problems, reviews their strengths and limitations, and examines their implications for helping people change their behavior. Evidence-based treatment and prevention strategies are described. Pedagogical Features Include: \*Accessible style and clear organization. \*Concise end-of-chapter summaries. \*Review questions in every chapter. New to This Edition \*The latest research on prevention and treatment, including current data and revised discussions of genetic influences, family treatment models, and many other topics. \*Updated for DSM-5. \*Chapter on behavioral addictions. \*Chapter on promoting motivation and autonomy. \*Chapter on evidence-based practice.

## Book Information

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## Customer Reviews

"Substance abuse has an impact on virtually all aspects of health and psychosocial functioning, making it a key issue for all social service and health fields. Introduction to Addictive Behaviors, Fourth Edition, provides a comprehensive overview of current theories about addictions and their prevention and treatment. It appeals to a broad audience, ranging from advanced undergraduate and graduate students to practicing mental health and substance abuse treatment

professionals."--Nancy M. Petry, PhD, Professor of Medicine, UConn Health "This book continues to be the seminal work for professionals and students learning about the major theoretical approaches for explaining and treating addiction. The fourth edition includes new chapters on the controversies surrounding behavioral addictions, ways to link theory and practice, and motivational factors in personal change, as well as updated statistics and empirical findings. I have used this text successfully in my substance abuse counseling theories course, and believe it is the best available on the topic. It's a great teaching tool for both undergraduate and graduate students."--Jessica L. Sniatecki, PhD, CRC, Department of Health Science, The College at Brockport, State University of New York "I have taught undergraduate courses on the psychology of addictive behavior for several years, and this book is a perfect fit as the primary textbook. It is by far the most well-researched and reader-friendly book on the market. The fourth edition is up to date and includes three new chapters. I'm looking forward to using it with my next class!"--Christopher J. Correia, PhD, Department of Psychology, Auburn University "The fourth edition of Introduction to Addictive Behaviors provides a timely update to this classic textbook. With its clearly written, well-organized presentation of complex topics, this 'must-adopt' text is the book of choice for introducing students and practitioners to theory and research on addictions. I highly recommend it as an introductory text for undergraduate and graduate courses on addictive behavior."--Timothy J. O'Farrell, PhD, Department of Psychiatry, Harvard Medical School "The text is well written, lucid, economical in style....Good value for the money." (on the second edition) (Journal of Substance Use 2012-12-22) "Bridges the gap between theory and practice...The book is well referenced and makes an excellent training text. Review questions to clarify and reinforce major points are included." (on the first edition) (Addiction 2012-12-22) "Succinctly reviews and critiques the major behavioral science theories of alcoholism and other addictions....An outstanding introduction to theories of addiction."(on the first edition) (Choice 2012-12-22) "This is a great introduction to addiction. Written by distinguished authors, it provides different paradigms for conceptualizing alcohol and drug use and has a solid research foundation. It is a very useful resource for students and professionals alike." (Doody's Review Service 2013-09-27)

Dennis L. Thombs, PhD, is Professor and Chair of the Department of Behavioral and Community Health at the University of North Texas Health Science Center in Fort Worth. He is past president and Fellow of the American Academy of Health Behavior. The focus of his scholarship is addictive behavior, with special interests in the epistemology of addiction and in alcohol and drug use during the period of emerging adulthood. In recent years, his research has focused on analyzing drinking

practices and their consequences in natural settings. Dr. Thombs is Managing Coeditor of the American Journal of Health Behavior. Cynthia J. Osborn, PhD, is Professor of Counseling and Human Development Services at Kent State University in Ohio. Her clinical background focused on treating adults with co-occurring disorders (addiction and mental illness). Her teaching, supervision, and scholarship focus on addictions counseling, particularly evidence-based practices such as motivational interviewing. Dr. Osborn is a member of the Motivational Interviewing Network of Trainers (MINT) and has extensive experience in the clinical supervision of counselors-in-training and professional counselors.

Great book. Arrived really quickly and the book was in great quality. I bought this book for a course I'm taking on addictions and the content is heavy but very informative. This is a great book for anyone studying psychology/forensics for knowing more of the biological, psychological, and social aspects of behaviors as well as how addictions to different substances affect the brain. Worth the read!

This textbook provides the foundation necessary for who wants to work as a counselor for alcohol and substance abuse. I do recommend it!!!

Good text, happy I chose the hard copy versus the e-book, now it is mine to keep.

Brand new, beautiful book. QUICK service! Thank you. I got it so fast, I was very impressed!

Great information and insight. Overall well-rounded information

Book came in very good condition as described.

Great reading, very informative.

Excellent price and on time form my sons college class

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